Echocardiography Eye openers!

Presentor:

Dr Prakash H Chaudhary DM Cardiology Resident

Mentor:

Dr.(Maj.Gen) Susheel kumar Malani Prof & HOD Cardiology dept Dr.Digvijay Nalawade Asso.Prof Cardiology

Dr C Sridevi Prof Cardiology

INTRODUCTION

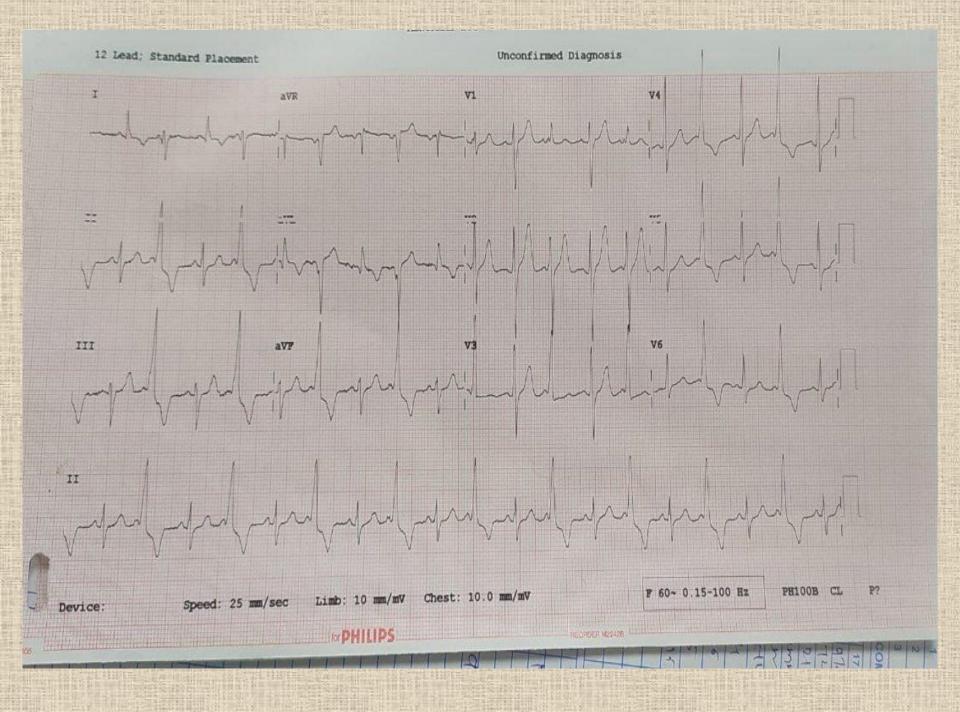
- Echocardiography is the most common advised investigation in routine practice
- Careful echocardiographic evalution is helpful in diagnosis and management
- Its important to:

How to look for What to look for Where to look for

Multimodality imaging add on the information of echocardiography

CASE 1

- · 35 Years/ Male
- No Significant Past Medical History
- Presented with Ischemic CV STROKE
- General Examination-NAD
- CVS Examination-NAD
- Troponin I –Positive+
- 24 hrs Holter: Insignificant



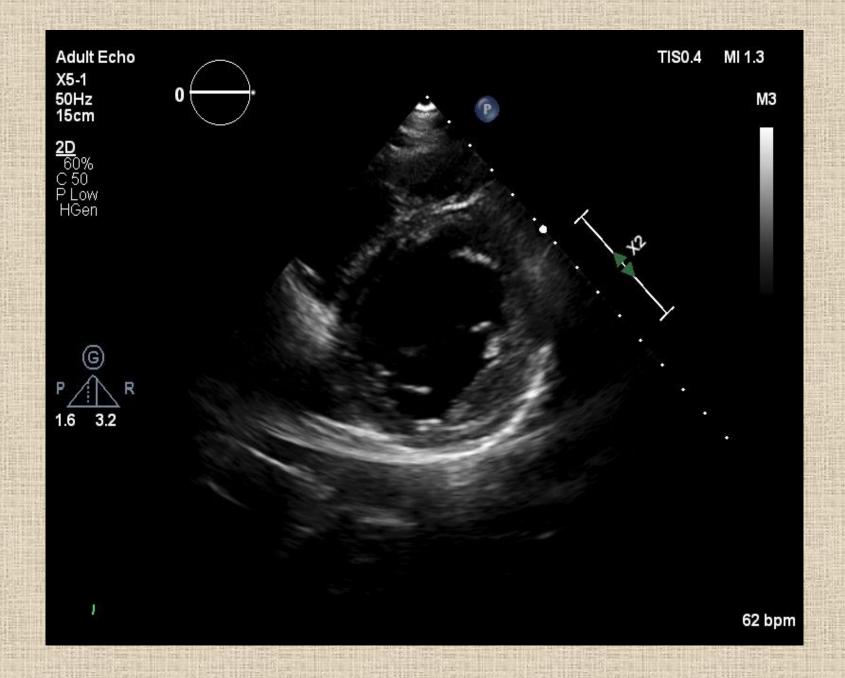
MRI BRAIN

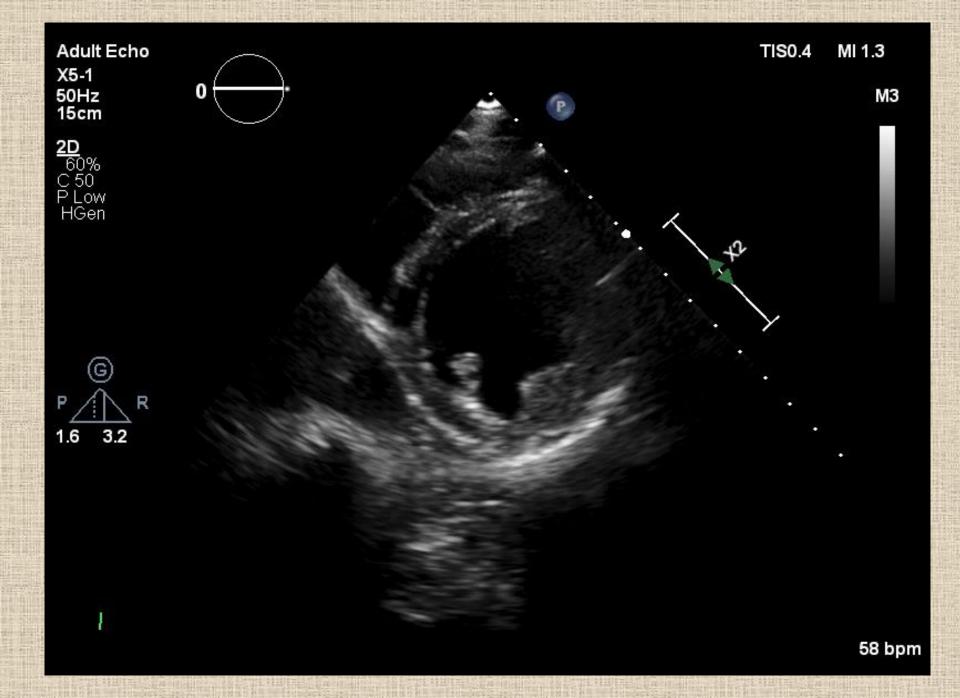
 Hyperacute non-hemorrhagic infarct in posterolateral portion of the left temporal lobe

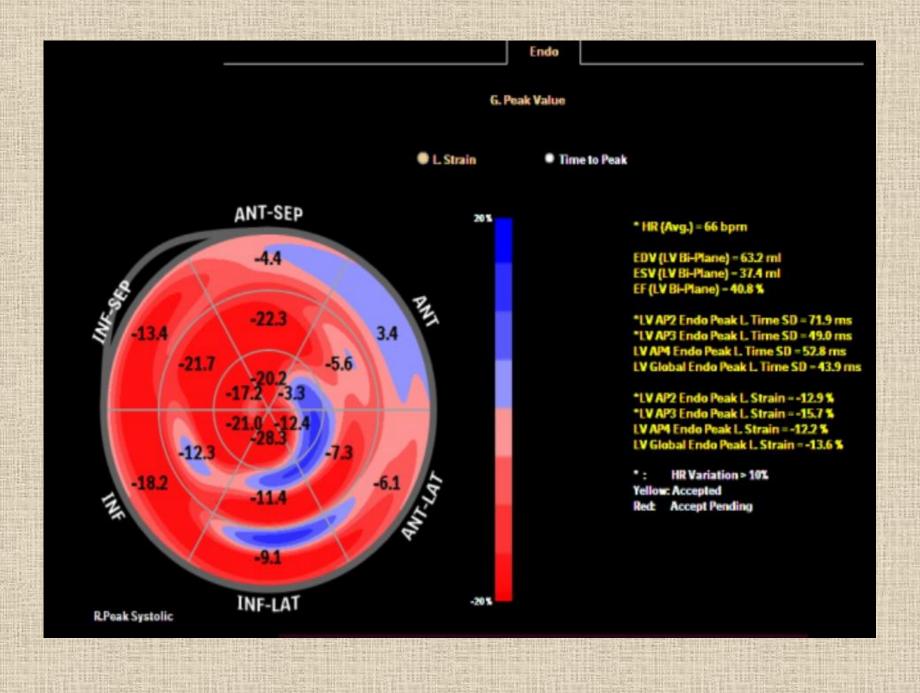
A small lesion lateral to the left zygomatic bone
 ? Parosteal lipoma.

MR Angiography reveals no obvious abnormality.

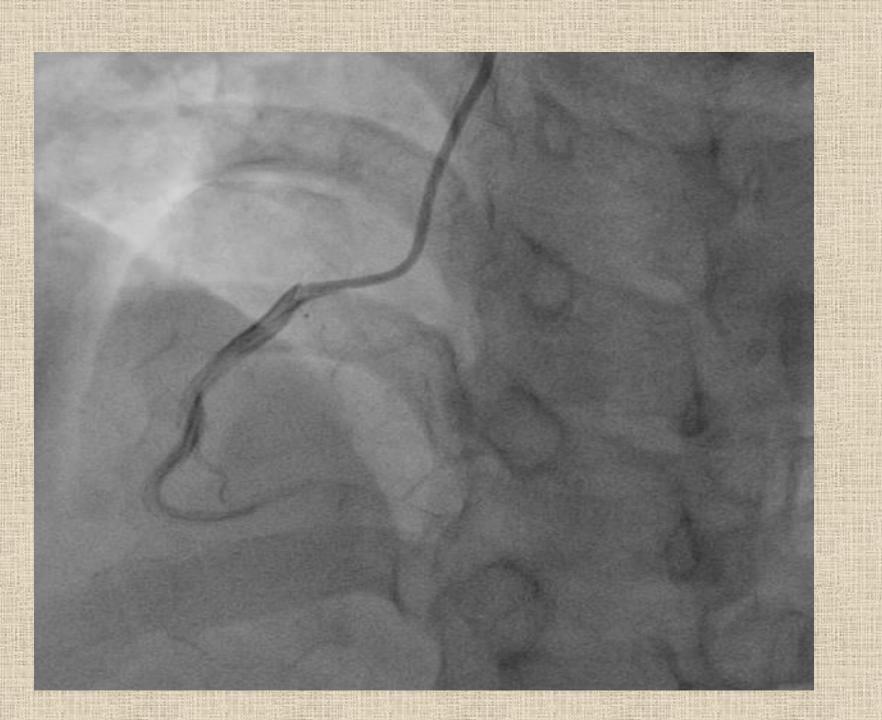








- RWMA in LCX territory +
- Dignosed as ACS-NSTEMI With mild LV Dysfunction

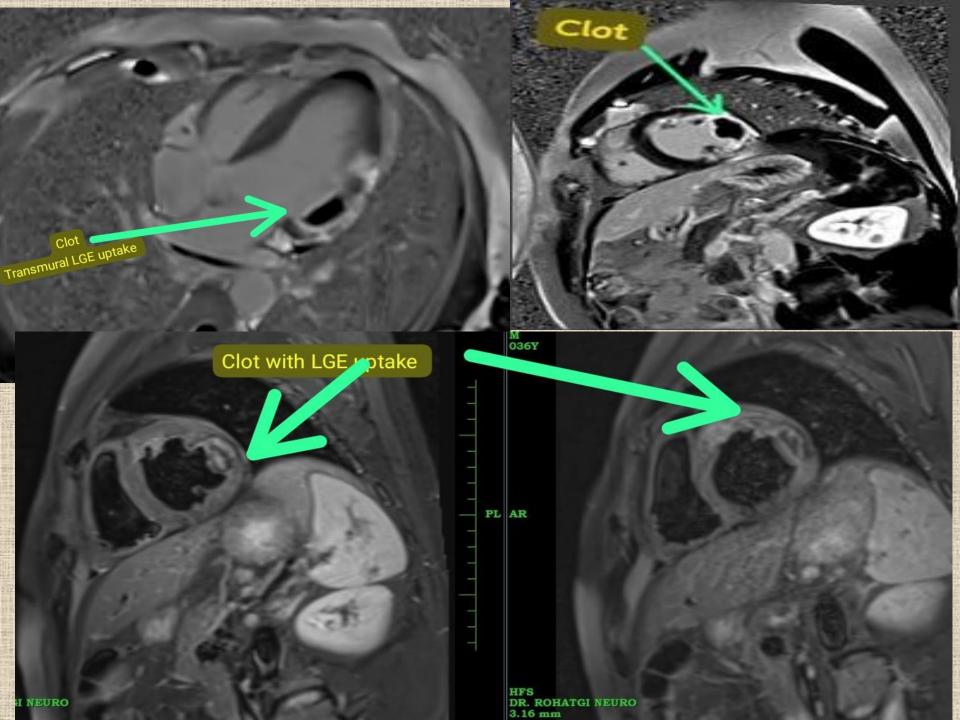


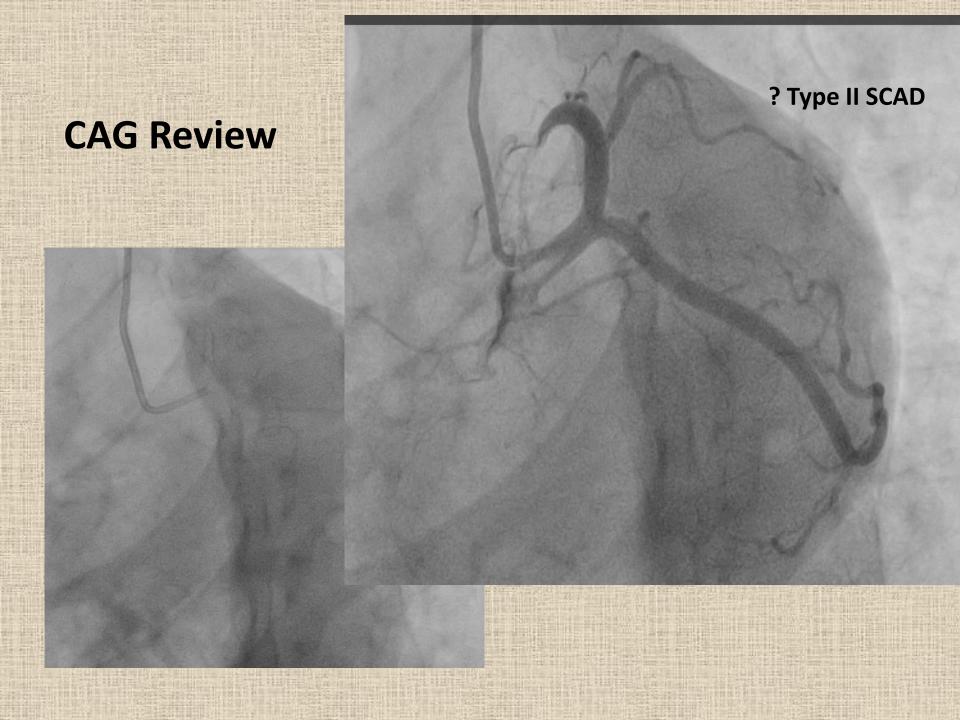


CAG s/o Non-Obstructive CAD

MINOCA

· What Next?

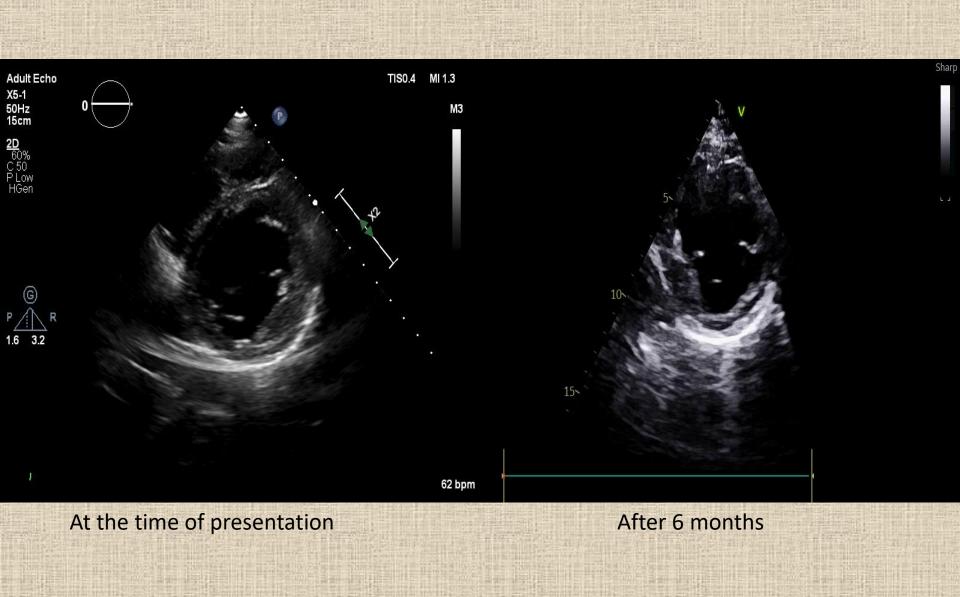


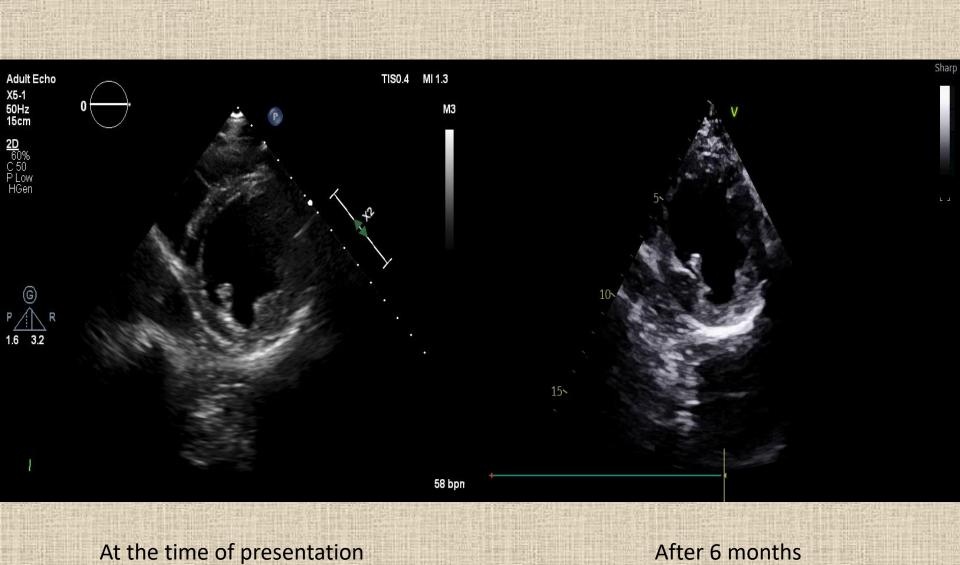


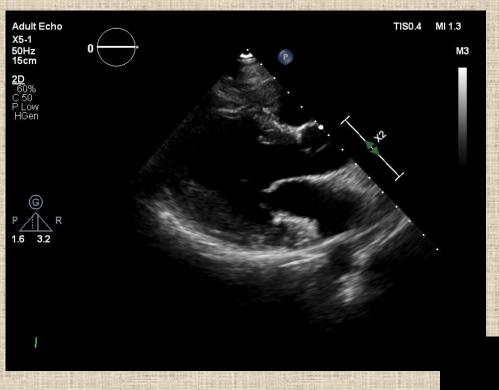
Final diagnosis:
 ACS (Diagonal territory MI-? TYPE II SCAD) with LV Clot and cardio embolic stroke

- Work up for young MI and Stroke Done-Negative
- Prothrombotic work up-Pending

 Review after 6 months of SAPT and NOAC







After 6 months

At the time of presentation



Spectrum of intracardiac thrombi in different clinical scenarios at a tertiary care center

ABSTRACT

Cardiologists frequently encounter intracardiac thrombi in the course of their work. Along with tumor and vegetation, it is one of the most frequent differential diagnoses for intracardiac masses. Cardioembolic stroke patients frequently have intracardiac thrombi in the left ventricle. Although the potential for cerebral emboli persists in a large population of patients with chronic left ventricular (LV) dysfunction, the risk of LV thrombus formation is highest during the first 3 months after acute myocardial infarction. The main risk factors for the development of left atrial thrombi are rheumatic valvular disease, especially mitral stenosis and atrial fibrillation. Right heart chamber thrombi may develop *in situ* or occur when peripheral venous clots that are on their way to the lungs become stuck, leading to acute pulmonary embolism, and their incidence ranges from 4% to 18%. We are presenting five cases that represent a broad range of clinical circumstances involving intracardiac thrombus. When performed during systole and diastole, echocardiography can detect thrombus as a discrete, echo-dense mass with clearly defined borders that is separate from the endocardium. Since dimensions, shape, regularity or irregularity, and homogeneity are all characteristic features that define the embolic risk and therapeutic management, the morphology and structure of thrombi should be carefully assessed.

Keywords: Cardioembolic stroke, echocardiography, intracardiac thrombi

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PMCID: PMC5353410 | PMID: <u>28465941</u>

Unusual Site of Left Ventricular Thrombus after Acute Myocardial Infarction

<u>Amjad Ali, J. R. Vijaykumar,</u> and <u>Cholenahally N. Manjunath</u>

LEARNING POINTS

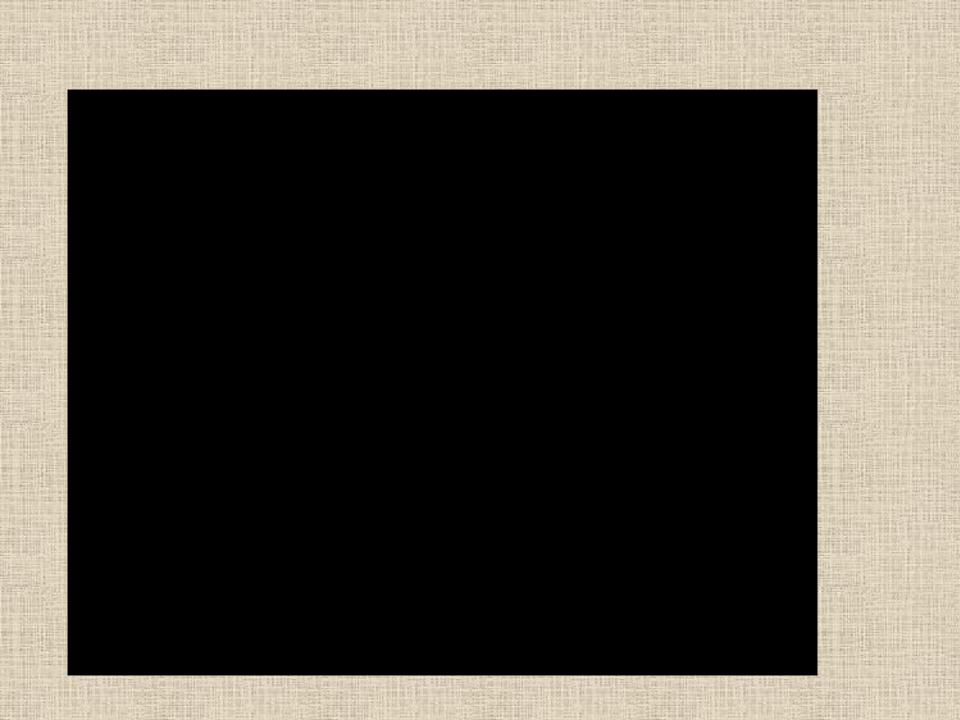
 LV clot can be present at atypical locations and hence careful echo evaluation is required.

 Diagnosis of that atypical location clots is important because that leads to change in management protocol

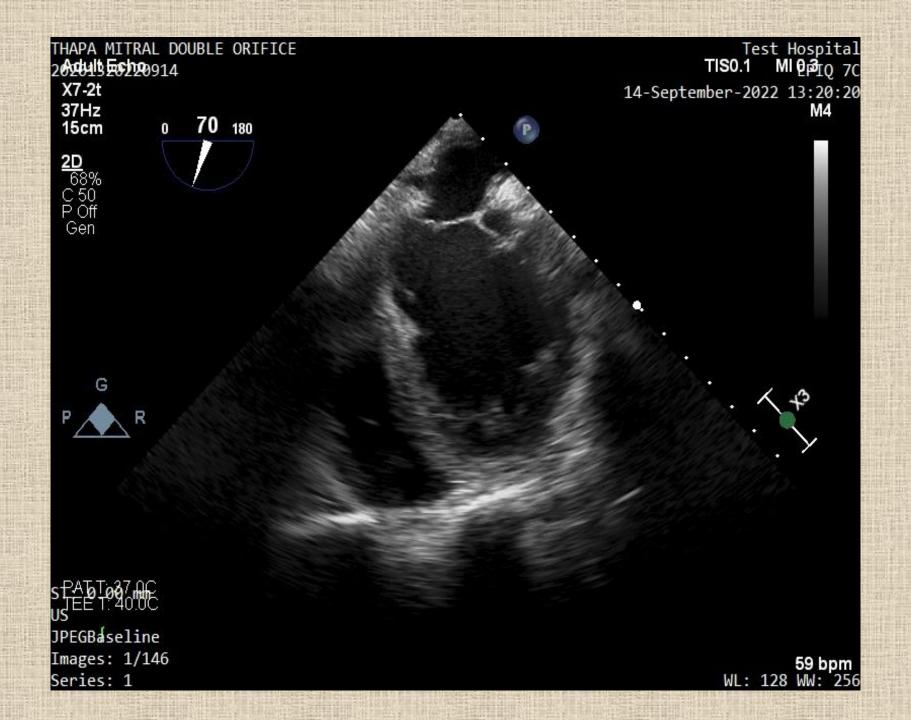
 Cardiac MRI further aids in diagnosis of inobvious MI and atypical clot locations.

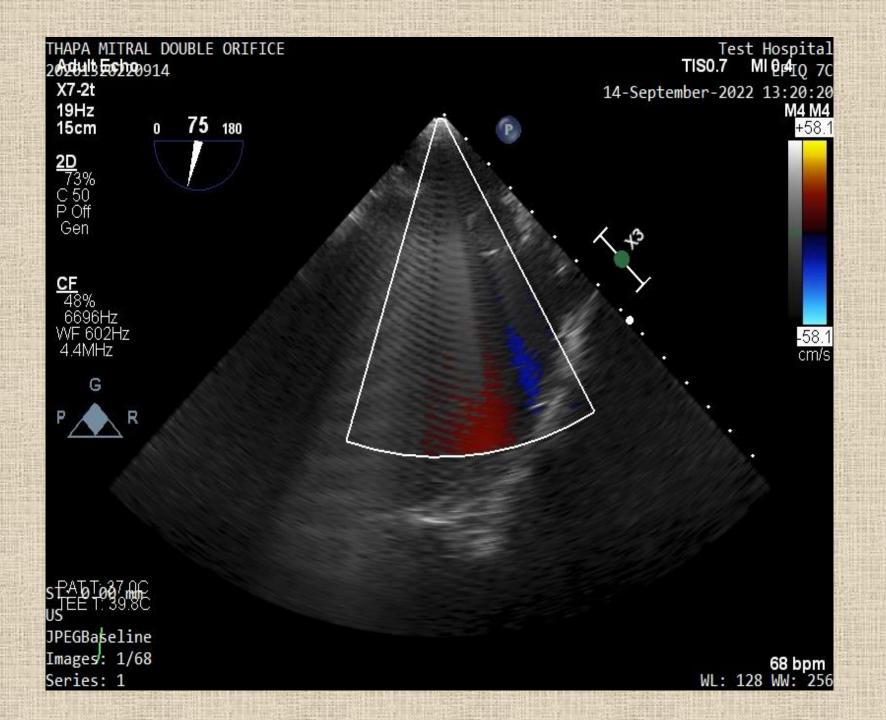
CASE 2

- 27 yrs old male labourer came to OPD for follow up Echo
- Diagnosed as RVHD
- Mild MS Mild MR MVA-1.72 cm2 since 2 yrs
- Was on Penicillin prophylaxis since 2 years
- No H/O Rheumatic Fever in Childhood or balloon intervention in past
- No fresh complaints at present
- ECG Sinus Rhythm

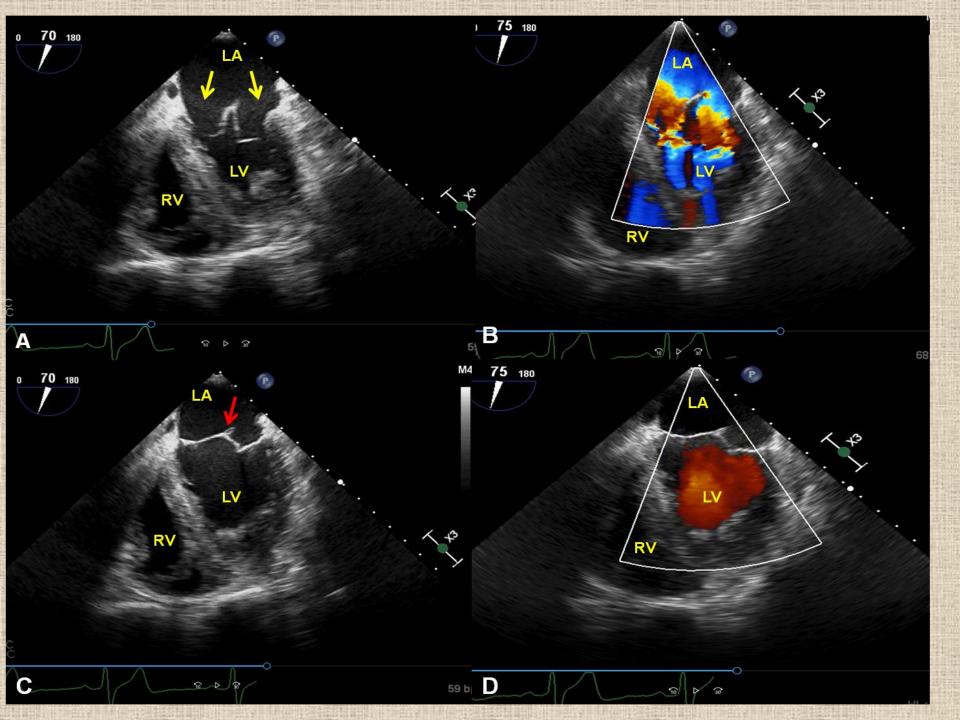


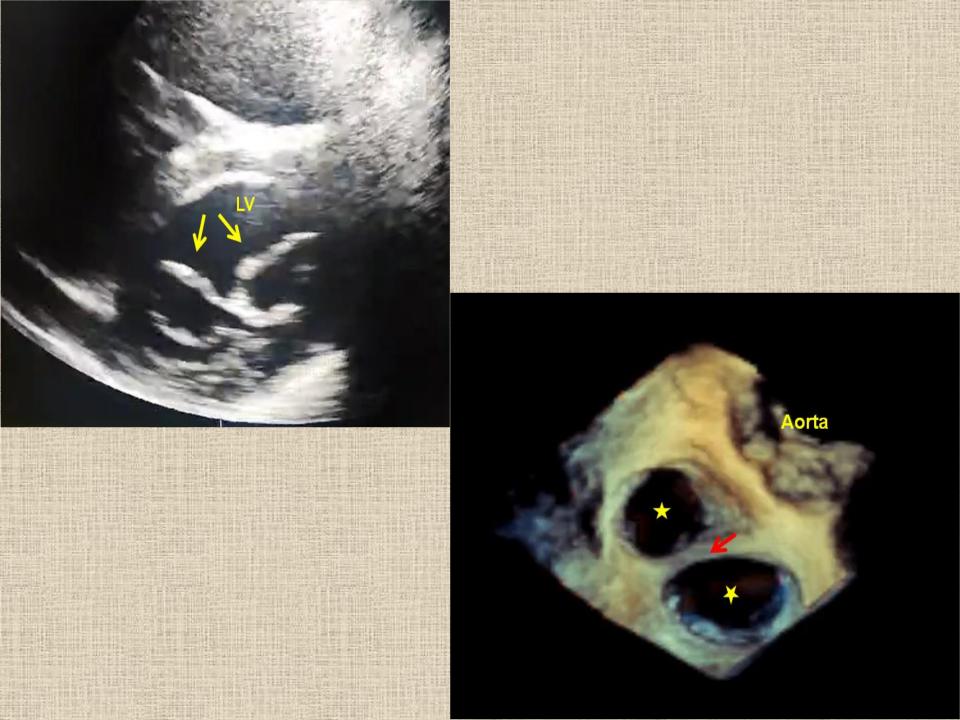
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- Based on echocardiographic features, there are three morphological types of congenital DOMV described in the literature;
- Incomplete Bridge- The eccentric type accounts for approximately 85% of all cases and is characterized by a larger main orifice and a smaller accessory orifice located either at the posteromedial or anterolateral commissure.
- Complete bridge- The central or bridge type is seen in 15% of patients with DOMV and is characterized by a central bridge of fibrous tissue connecting the two leaflets of the mitral valve. The two orifices may be of the same size or unequal
- Hole Type –accessory orifice surrounded by leaflet tissue that may have a chordal ring.

Trowitzsch E, Bano-Rodrigo A, Burger BM, Colan SD, Sanders SP. Two-dimensional echocardiographic findings in double orifice mitral valve. J Am Coll Cardiol. 1985 Aug;6(2):383-7.

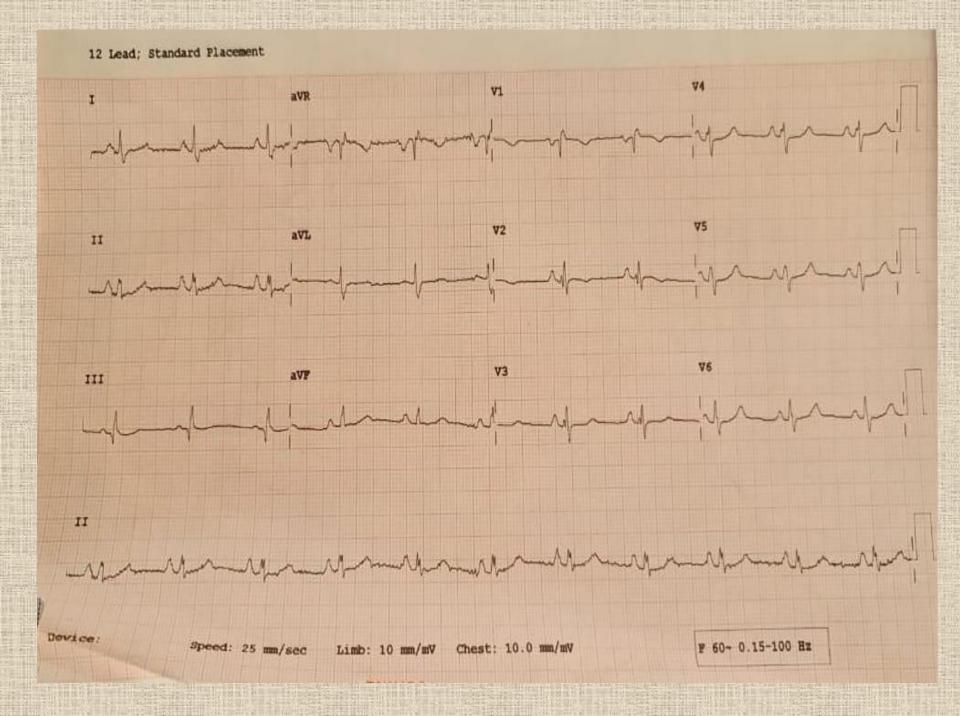
Learning points

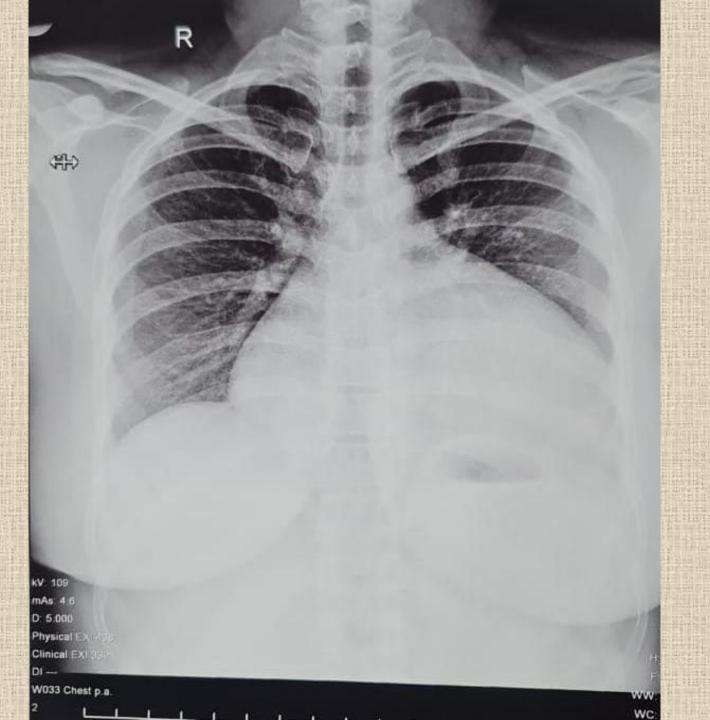
- Final diagnosis DOMV
- Penicillin prophylaxis was stopped
- Patient was advised regular follow up

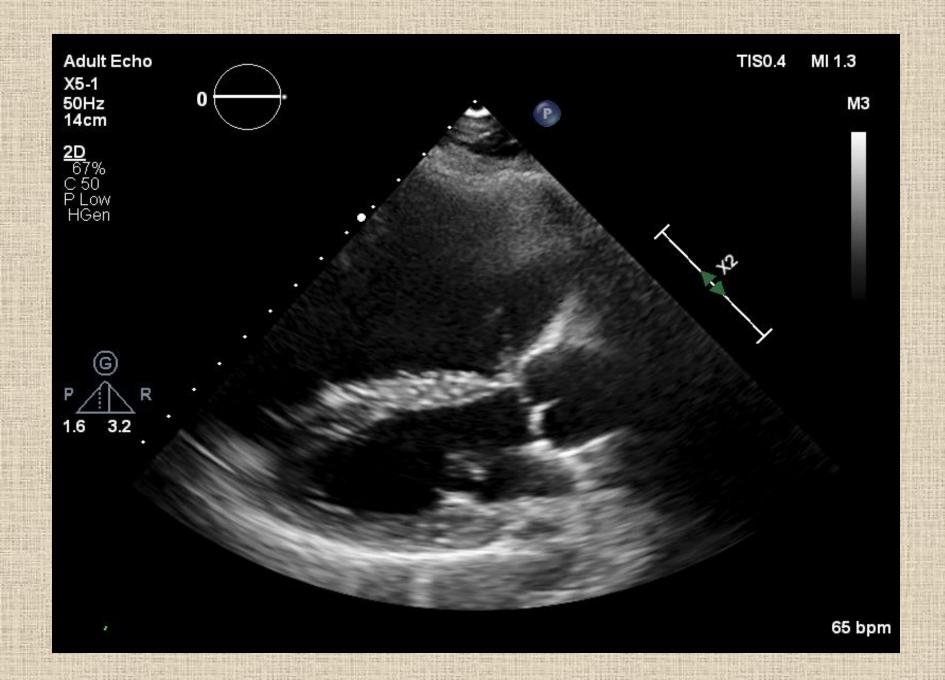
 Congenital Mitral valve abnormalities can be misdiagnosed as RHD

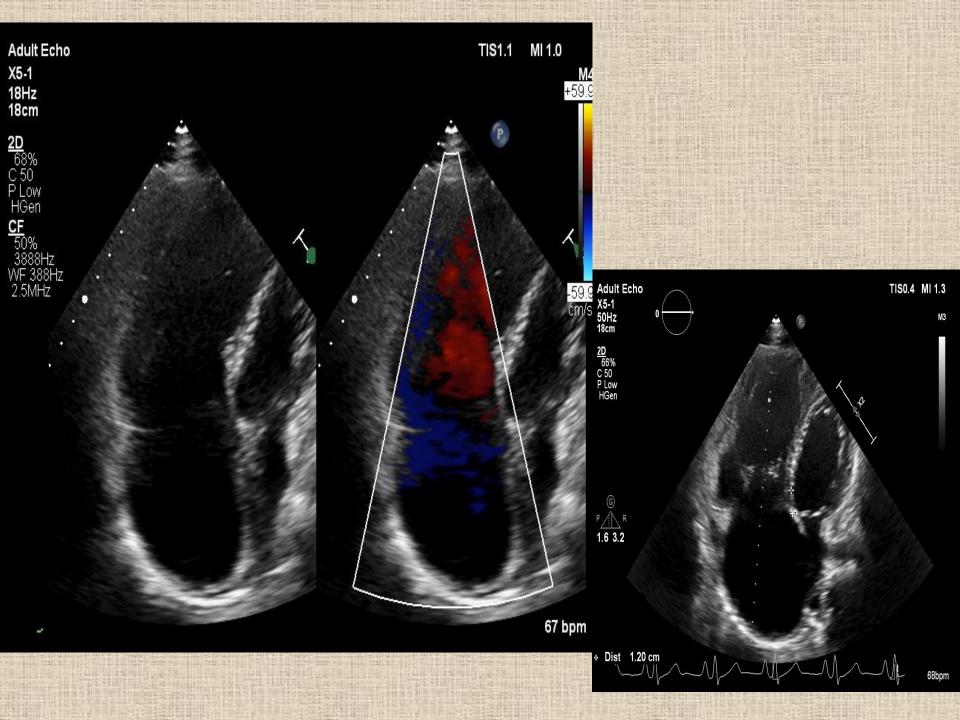
CASE 3

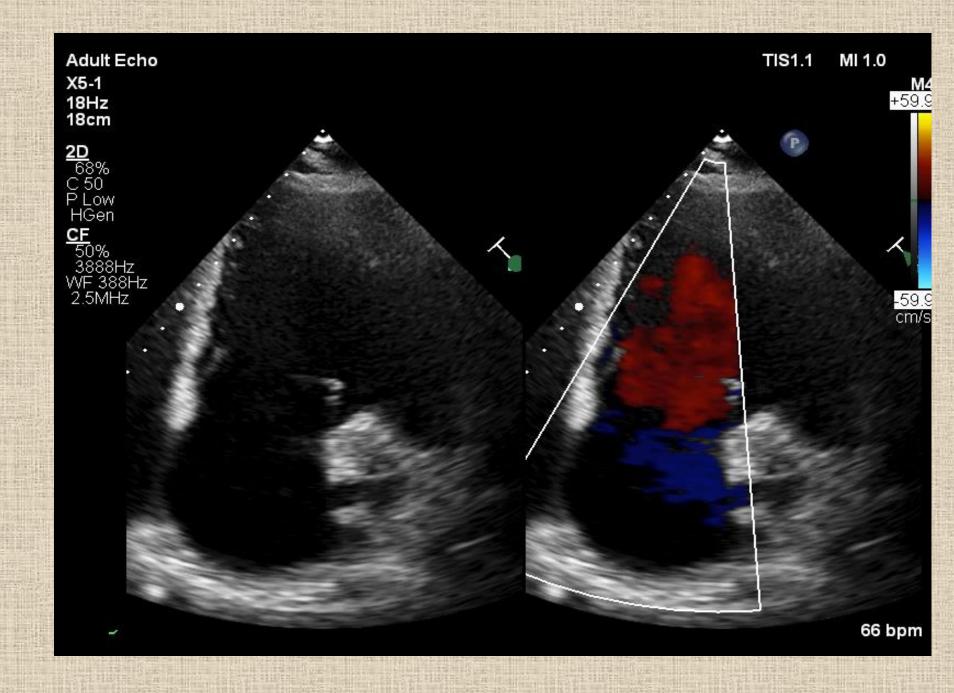
- 33 Y/F
- C/O DOE NYHA CL II Since Last 6 Months
- Mother Of Two Children(younger child 9 years old)
- Clinical Examination
- Loud S 1
- Cascade of sounds
- Murmur of TR +

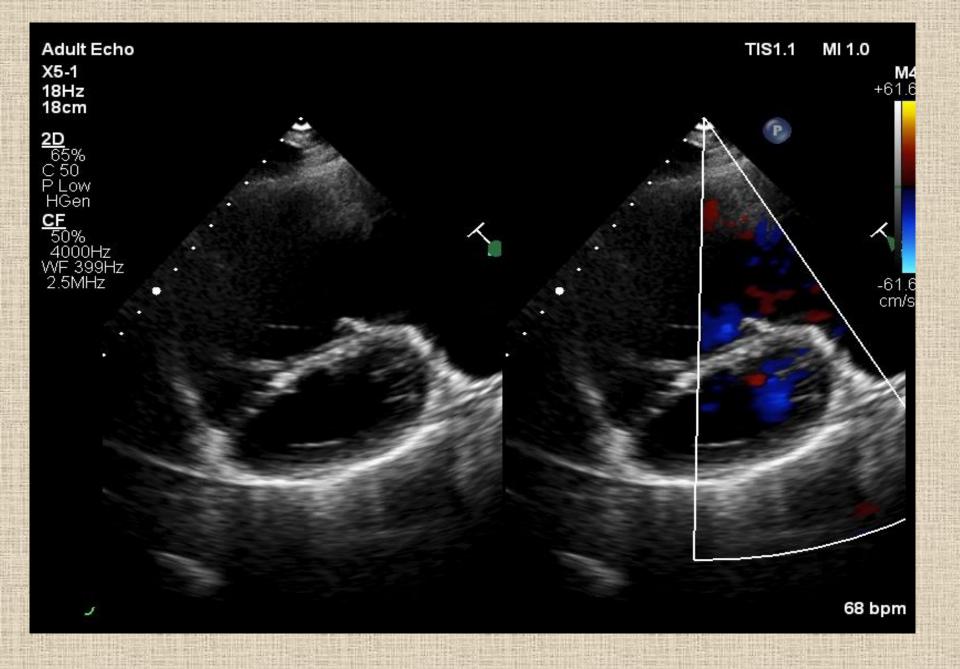




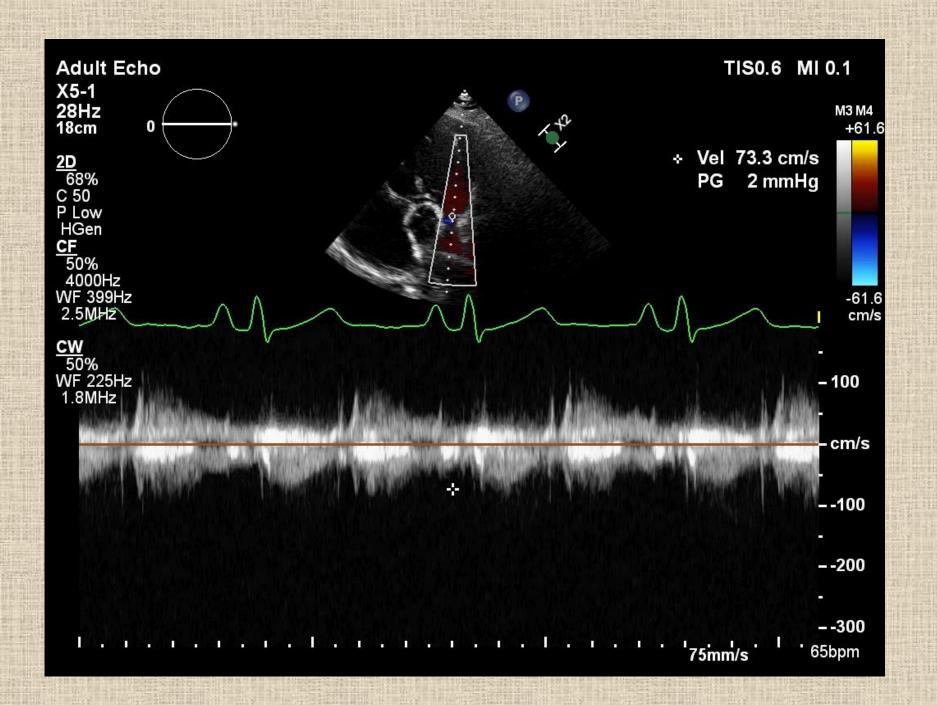






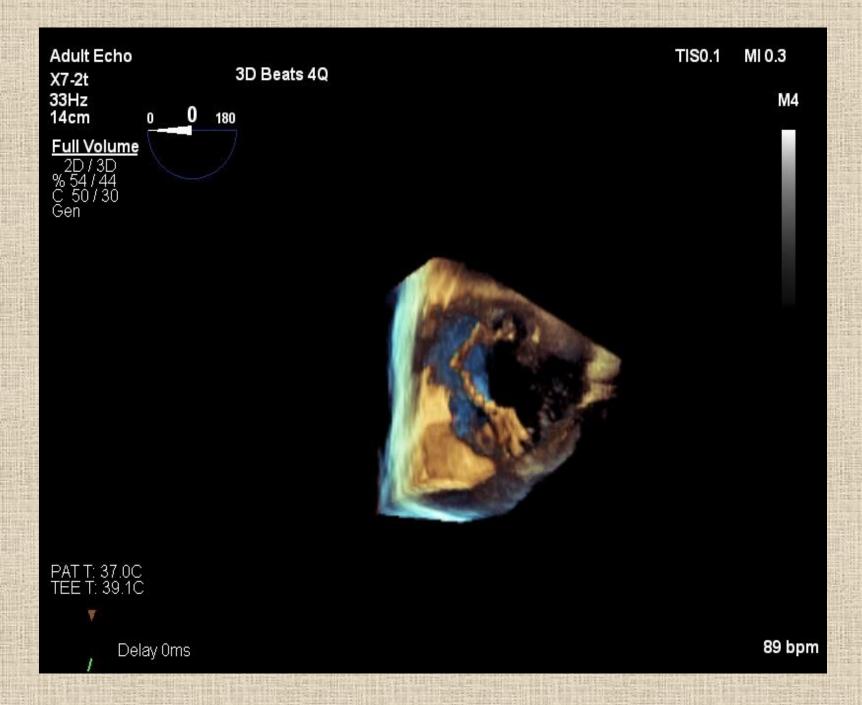


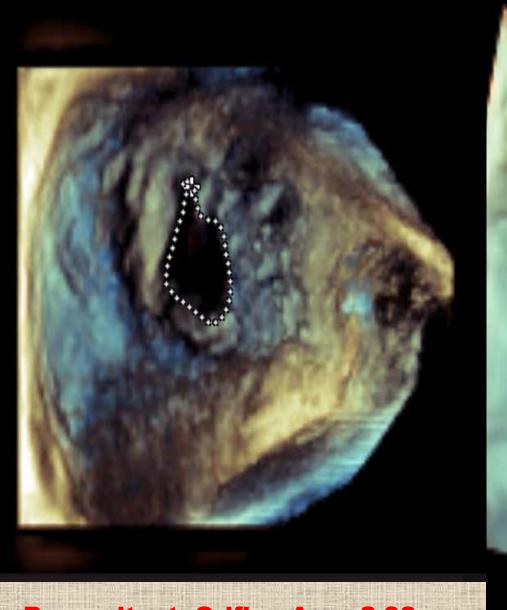


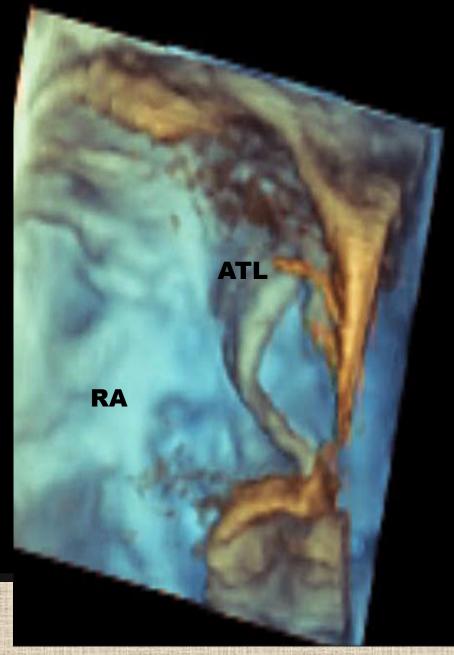


What is the echocardiography Diagnosis????

What next???







Regurgitant Orifice Area 2.98 cm2

Adult Echo TIS0.1 MI 0.3 3D Beats 4Q X7-2t 33Hz 14cm **M4** 180 0 Full Volume 2D / 3D % 54 / 44 C 50 / 30 Gen PAT T: 37.0C TEE T: 39.1C 89 bpm Delay 0ms



TAKE HOME MESSAGE

 Careful echocardiographic evaluation not only helps in diagnosis of rare disease but it leads to proper management

 Cardiac MRI, Cardiac CT and other multi modality imaging add on the echocardiographic information and helps in diagnosis

